**Christina Stark (Nutritional Science)- June 2023**

Christina Stark: Hello, Memory Booth. My name is Christina Stark. I'm a senior extension associate emerita. I retired in 2019. And one of my great memories of working at Cornell, I worked 38 years there, mostly in Martha Van Rensselaer Hall, and just being able to take a break and walk around Beebe Lake was just a wonderful memory. I still walk around the lake. It's just being outside in nature was just really important to me to have that time to reflect and get some exercise, and I think as a result of that in my retirement, I'm working with the Nature RX program that helps people get out in nature just for their mental and physical health. So, there is a long-standing benefit of working on a beautiful, beautiful campus with so much, you know, nature around. I'm also on the Cornell Botanic Gardens Advisory Council, and again I have a connection through just working and on such a gorgeous campus. So, that's one of my memories from my time, and it's a continued memory because I still live in Ithaca, and I still enjoy all the beautiful nature that surrounds us. Goodbye.